INTRODUCTION TO HEARING AND VISION LOSSES

SUSAN M. BASHINSKI FOR THE MONTANA DEAF-BLIND PROJECT

AGENDA

VISION LOSS - Types and definitions of each

- Acuity loss discussion
- Visual field loss discussion
- Other types of vision loss
- "Vision Reminders"
- HEARING LOSS Types and definitions of each
 - Dimensions of hearing loss
 - Other considerations re: hearing loss
 - Audiogram
 - "Hearing Reminders"

ACTION PLAN

Please record your thoughts, regarding how you *might* incorporate information from today's webinar in your family life / daily practice.

(If you participated in Webinar #1, use the same action planning sheet!)

Thank you!

INTRODUCTION TO VISION LOSS

TYPES OF VISION LOSS

TYPES include:

- acuity loss
- Field loss
- contrast sensitivity
- processing problems (CVI)
- > oculomotor problems
- combination problems

ACUITY LOSS (1 OF 5)

VISUAL ACUITY

- Measures the ability of the eyes to focus sharply on an image
- > Represents central, *not* peripheral, acuity

ACUITY LOSS (2 OF 5)

VISUAL ACUITY LOSS

The decreased ability of the eyes to distinguish object details and shape (typically referred to as "how well" a person sees...)

ACUITY LOSS (3 OF 5)

"Totally Blind"

Does not perceive even light / dark differences

"Light Perception Only"

Lack of functional vision, but does perceive light

ACUITY LOSS (4 OF 5)

"Legally Blind"

Visual acuity of 20/200 (Snellen notation) or less in the better eye with best possible correction, or a visual field that is no greater than 20 degrees

ACUITY LOSS (5 OF 5)

"Partial Sight"

Visual acuity from 20/200 to 20/70 (Snellen notation) with best correction

"Low Vision"

Severe visual impairment after correction, but with increased visual functioning through the use of optical / nonoptical aids, and environmental modifications

VISUAL FIELD LOSS

FIELD LOSS

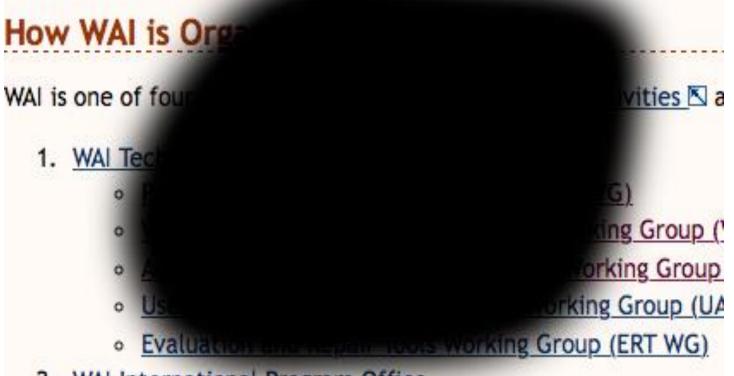
The reduction of space visible to the eyes when they are fixating straight ahead.

VISUAL FIELD LOSS (con't.)

TYPES OF FIELD LOSS

- Central
- Peripheral
- > Upper / Lower
- Single "Quadrant"

- racificating development of evaluation and repair tools for a
- conducting education and outreach
- coordinating with research and development that can affect



- 2. WAI International Program Office
 - Education and Outreach Working Group (EOWG)

EXAMPLE of Central Visual Field Loss



EXAMPLE of Peripheral Visual Field Loss



EXAMPLE of Upper Quadrants Visual Field Loss

VISUAL CONTRAST SENSITIVITY

CONTRAST SENSITIVITY

The ability to detect objects and people at low contrast.

VISUAL CONTRAST SENSITIVITY (CONT.)

FACTORS IN CONTRAST SENSITIVITY

Affected by:

- > glare
- brightness / hue
- size of visual stimuli
- complexity / "clutter" of visual stimuli

CORTICAL VISION IMPAIRMENT (CVI)

PROCESSING PROBLEMS (CVI)

Limited and / or inconsistent "vision," due to the brain not properly processing information sent to it from the eyes, through the optic nerves.

CORTICAL VISION IMPAIRMENT (CONT.)

CORTICAL VISION IMPAIRMENT (CVI)

- Problem in the visual cortex or visual pathways in the brain results in inconsistent visual performance / skills
- The anatomy of the eye, itself, is not impaired

OCULOMOTOR VISION PROBLEMS

OCULOMOTOR PROBLEMS

Difficulty looking at, and / or following the movement of, objects and people

(i.e., the eyes not working together in a well-coordinated manner)

OCULOMOTOR VISION PROBLEMS (CONT.)

TYPES OF OCULOMOTOR PROBLEMS

- >Nystagmus involuntary, rapid movements of the eyes (usually, side to side)
- Strabismus loss of coordinated movement of the eyes, which leads to "misalignment"

COMBINATIONS IN VISION LOSS

Learners who experience deaf-blindness might demonstrate any of these types of vision loss:

- Acuity
- ➢ Field
- Contrast sensitivity
- > CVI
- > Oculomotor... in ANY combination.



Natural lighting is, generally, preferred for most learners.

The <u>TYPE</u> of lighting an individual learner needs will vary by the child's / adolescent's specific eye condition.

"Glare is an enemy!"

"Contrast is a friend!"

Reduce visual distractions in the learner's physical environment.

Keep complexity and clutter to a minimum.

Be conscious of size (of essential elements) of visual materials. Consider distance, from the learner, when determining size.

Even if a learner's visual system adequately *receives* environmental information, the learner might not adequately *process* the information.

Attending visually can be extremely tiring for a learner who experiences significant VI.

Be conscious of stamina!

INTRODUCTION TO HEARING LOSS

DIMENSIONS

PRIMARY DIMENSIONS of hearing loss include:

Intensity (loudness / volume) loss
Frequency (pitch) loss

UNILATERAL OR BILATERAL HEARING LOSS

Hearing loss is categorized as Unilateral or Bilateral

- Unilateral: "normal" hearing in one ear and a hearing loss, of any degree, in the other
- <u>Bilateral</u>: the hearing loss occurs in both ears (though intensity and frequency may be same or different)

TYPES OF HEARING LOSS

TYPES include:

- Conductive hearing loss
- Sensori-neural hearing loss
- Processing problems (CAPD)
- Combination problems

CONDUCTIVE HEARING LOSS

Occurs when sound cannot pass through the outer ear to the inner ear effectively

- Development of the auditory canal
- > Blockage, in external ear, by ear wax, fluid, or a tumor
- Otitis media (middle ear infection) is a common cause, as fluid in the middle ear prevents reliable conduction of sound

CONDUCTIVE HEARING LOSS (con't.)

Attenuates (i.e., "weakens") sound, because the ear drum does not move "normally" when the previously listed conditions exist

SENSORI-NEURAL HEARING LOSS (1 OF 3)

- Caused by poor development of, or damage to, the inner ear (cochlea) <u>and /</u> or to the auditory nerve
- Chronic middle ear infections may cause damage to the ear and result in a sensorineural hearing loss

SENSORI-NEURAL HEARING LOSS (2 OF 3)

May also occur due to abnormalities in the auditory cortex or <u>brainstem</u>—which results in a condition referred to as "auditory neuropathy spectrum disorder" or "auditory dys-synchrony"

SENSORI-NEURAL HEARING LOSS (3 OF 3)

- Attenuates (i.e., "weakens") sound
- Distorts perception of sound
- A sensori-neural hearing loss is permanent

MIXED HEARING LOSS

Term used to describe a loss that is both conductive *and* sensori-neural.

CENTRAL AUDITORY PROCESSING DISORDER (CAPD)

Limited and / or inconsistent "hearing," due to a problem in the cortex or auditory pathways in the brain not properly processing auditory information.

The anatomy of the ear (outer, middle, and inner), is not impaired.

SIGNS OF CAPD

<u>Difficulties with the following:</u>

- 1. sound localization
- 2. auditory discrimination
- 3. ability to process quick sound sequences (i.e., patterns)

SIGNS OF CAPD (con't.)

- 4. weakening of auditory skills in conditions w/competing speech or background noise
- 5. weakening of auditory skills in conditions w/ degraded signals (e.g., poor telephone connection)

COMBINATION PROBLEMS

Learners who experience deaf-blindness might demonstrate any of these types of hearing loss:

- > unilateral <u>OR</u> bilateral
- Intensity <u>AND / OR</u> frequency
- conductive
- sensori-neural
- CAPD

INTENSITY (LOUDNESS) LOSS

The **DEGREES** of intensity loss include:

- mild (26 40 dB or louder)
- mild-to-moderate (41 55 dB or louder)
- > moderate (56 -70 dB or louder)
- severe (71 90 dB or louder)
- > profound (91 dB or louder)

AUDIOGRAM

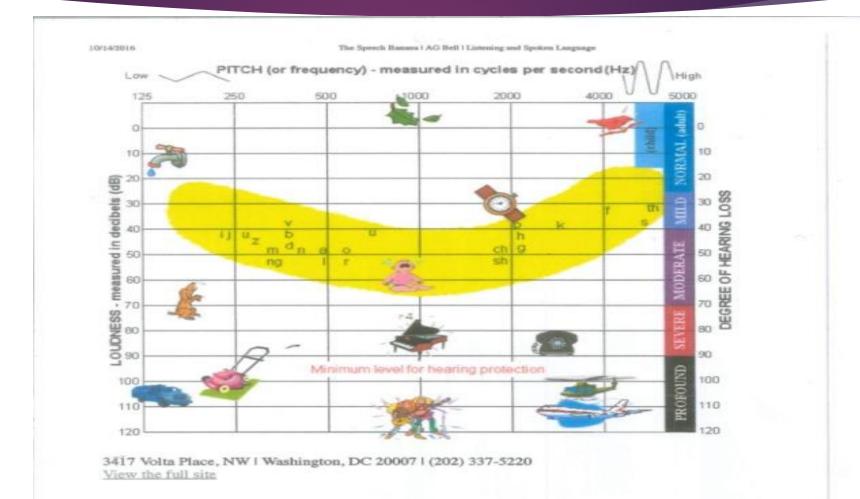
An audiogram is a graph that *simultaneously* describes a learner's hearing sensitivity, in terms of sound <u>intensity</u> and <u>frequency</u>.

AUDIOGRAM EXAMPLE

X =left ear = right ear -10 Hearing Level in Decibels (ANSI, 1996) \bigotimes $\overline{\mathbf{x}}$ \bigotimes ळ \bigotimes **Frequency in Hertz**

Air Conduction Threshold Symbols:

AUDIOGRAM EXAMPLE - SPEECH BANANA



FREQUENCY (PITCH) LOSS

Hearing ability is indicated by the point of intensity at which a learner indicates she can just barely hear a sound at a specific frequency.

HEARING IMPAIRMENT

<u>A learner's functional hearing abilities</u> are also affected by:

- The presence of background noise (in the environment) "sound-to-noise ratio"
- > the distance (of the learner) from the source of the sound



REMEMBER—For most learners who experience significant hearing loss, there is *no difference* between foreground and background sounds.

REMEMBER! A hearing aid amplifies <u>ALL</u> sounds!

A learner's functional hearing is affected by the sound : noise ratio

Reduce the amount of ambient noise (i.e., auditory distractions) in the learner's environment.

Manage the direction from which instructional auditory stimuli are presented.

Analyze and identify the characteristics of sounds with which a learner is most successful:

- types of sound sources
- loudness of sound
- frequencies of sound

Consider distance of the sound source, from the learner, when determining volume.

Assistive listening devices can help with reduction of "noise" and facilitate processing of meaningful "sound."

Even if a learner's auditory system adequately *receives* environmental information, the learner might not adequately *process* the information.

Attending auditorally can be extremely tiring for a learner who experiences significant HI.

Be conscious of stamina!



Learners who have deafblindness are an incredibly heterogeneous group!

RESOURCES

Sensory Perspectives

by: SKI-HI Institute Utah State University